### WAYS YOU CAN TELL YOUR CHILD MAY NEED HELP\*

- Sleeplessness, fear of going to sleep, nightmares
- Frequent crying, sadness
- Headaches, stomachaches
- Withdrawal from other people and activities, depression, decreased energy
- Constant irritability
- Fighting, aggressive behaviors toward siblings, other children and adults
- Temper tantrums, swearing, whining
- Separation anxiety, truancy
- Excessive fears (specific or general in nature), excessive worrying
- Adopting a parental or "older than their age" role in the family
- Concentration and attention problems, poor grades
- Bed wetting, thumb sucking, or acting younger than their age
- Loss of appetite, eating problems
- Denial of any problems, daydreaming
- Partially adapted from Jones, A. Schechter,
   S., 1992 When Love Goes Wrong: What
   To Do When You Can't Do Anything Right,
   New York: HarperCollins



### **OUR MISSION:**

Reaching out to adults and children in Northeast Ohio to end homelessness, prevent suicide, resolve behavioral health crises, and overcome trauma.

24-Hour, 7-Day a Week FrontLine Service Crisis Hotline:

(216) 623-6888









1744 Payne Avenue, Cleveland, OH (Main) 216.623.6555 www.FrontLineService.org

# Children Who Witness Violence

Providing Help for Children and Families Exposed to a Traumatic Event





Reaching out. Resolving crisis.

## RESOURCES FOR FAMILIES

# CHILDREN WHO WITNESS VIOLENCE

CWWV is a supportive program that focuses on the emotional well-being and safety of traumatized children and their families; the program seeks to help children and their parents identify, reduce, and manage trauma distress symptoms.

The CWWV program works with children exposed to a wide range of potentially traumatizing events such as:

- Physical or sexual abuse
- Domestic violence
- Community violence

The Children Who Witness Violence program IS NOT a program of Cuyahoga County Department of Children and Family Services (DCFS).

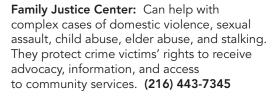
# WHY DOES MY CHILD NEED HELP?

Trauma in childhood can:

- Affect how a child thinks, feels and behaves.
- Result in a significant disruption of child or adolescent development.
- Have serious long-term consequences.

Fortunately, there are effective treatments that we can provide for your children.

- Services are provided FREE and are completely voluntary.
- Licensed practitioners will come to your home or a location that is best for you.
- Services are kept confidential.



United Way of Greater Cleveland's First Call for Help: United Way 2-1-1 connects individuals and families to social services 24 hours a day, every day of the year. 2-1-1

**24-Hour Mental Health Crisis:** Mobile Crisis is a 24/7 Suicide Prevention Hotline for children and adults whose safety and health are threatened by mental health challenges and overwhelming stressors. **(216) 623-6888** 

The Domestic Violence and Child Advocacy Center: Can assist you with crisis intervention, shelter, intake for services, general information on domestic violence and referrals for resources in the community. (216) 391-HELP

**Legal Aid Society:** Can represent clients in court and in administrative hearings. They also provide advice and brief assistance. **(216) 687-1900** 

Cleveland Rape Crisis Center: Supports survivors of rape and sexual abuse, promotes healing and prevention, and advocates for social change. (216) 619-6194

#### **Cuyahoga County Prosecutor's Office:**

Inquiries into the commission of crimes within the county on behalf of the state, all complaints, suits, and controversies in which the state is a party. (216) 443-7800

Alcohol, Drug Addiction & Mental Health Services Board of Cuyahoga County: The ADAMHS Board of Cuyahoga County is responsible for the planning, funding and monitoring of public mental health and addiction treatment and recovery services delivered to the residents of Cuyahoga County. (216) 241-3400

